

NEWSLETTER

OCTOBER – DECEMBER 2025

At TB Alert India, our journey of more than two decades has been centred around one principle: Empower, Engage, Sustain.

Over the years, we have evolved from implementing TB-specific interventions to building integrated, community-owned public health platforms. Our work now spans across TB, NCDs (Non-Communicable Diseases such as Diabetes and Hypertension) Chronic Lung Diseases (CRDs), malnutrition, and mental health.





A Quarter of Convergence and Collective Action

The last quarter of 2025 marked a period of strong convergence—where communities, government systems, and frontline actors came together to accelerate efforts toward TB elimination and improved lung health.

Across rural Panchayats, pediatric health facilities, industrial workplaces, and urban slums, TB Alert India's programmes demonstrated that sustainable impact is built through partnerships. Whether it was strengthening local governance through the IMPACT India project, improving early detection in children, expanding lung health services under BS360, or empowering frontline workers in urban settings through the ICI programme—each effort contributed to a shared goal.

This newsletter captures not just achievements, but the human stories, system strengthening, and innovations that are shaping the path toward a TB-free India.

VOICES FROM THE FIELD

Mallesham: From Silence to Leadership

Once a person with TB (PwTB) who hid his illness due to stigma, Mallesham's life changed when he returned to his village and received support from his family. After recovery, he chose to become a TB Champion.

Today, he speaks openly in villages, encouraging early testing and supporting people with TB (PwTB) through their treatment journey. His intervention recently helped identify a person with TB-like symptoms, who was then referred for testing and diagnosed with TB. He continues to guide the person and their family through recovery.

His journey shows how lived experience can transform into leadership and drive meaningful community change.

Seetha Ramaiah: Breathing Life Back

A construction worker exposed to silica dust for years, Mr. Seetha Ramaiah struggled with worsening respiratory symptoms. Identified during a screening camp as a person with respiratory symptoms, he was referred for testing and diagnosed with COPD. With timely treatment and counselling, his health improved significantly.

His case highlights how integrated screening for lung health conditions like COPD can help in early diagnosis and restore quality of life.

Sridevi: A Child Given a Second Chance

Seven-year-old Sridevi's illness was initially mistaken for a common infection. However, at a sensitized health facility, she was identified as a person with TB-like symptoms, and a referral for testing was initiated.

With timely diagnosis, counselling, and follow-up support, she was diagnosed with TB and started on treatment, and is now recovering well.

Her story reflects the strength of a system where training, referral, and follow-up work seamlessly together.

IMPACT AND REACH THROUGH TB SERVICES

Impact and Reach through TB Services: During Q4 2025, diverse categories of stakeholders were trained and provided continuous support to enhance community-led TB activities. These efforts resulted in outreach to over **20 lakh** individuals, identification of **32,889** people with TB-like symptoms, and their linkage to health facilities for further testing and continuum of care services.



1. TRAINING AND CAPACITY BUILDING ON TB ASPECTS

No. of
frontline health
workers trained



766

No. of
PRI members
trained



1041

No. of
medical doctors
trained



450



2. KVP REACH WITH TB SERVICES

No. of people
reached with
health education
and screening



20,00,000+

No. of people
with TB like
symptoms
identified



32,889

No. of people
with TB-like
symptoms
(PTS)



6,538

No. of PTS
tested for TB



4,988

No. of people
with TB (PwTB)
notified



310



3. LINKAGE AND CONTINUUM OF CARE



100%
LINKAGE TO CARE

All identified individuals
connected to health facilities
for testing and continuum of
care services.



These achievements reflect the collective efforts of all stakeholders in strengthening TB services and moving towards a TB-free community.
Together, we reach more. Together, we end TB.

**→ END
TB**



Stronger
community
engagement



Early
detection
of TB



Improved
access to
healthcare



Continuum
of care
ensured



Support towards
TB elimination
goals



BEYOND TB: INTEGRATING CARE FOR NCDs (DIABETES & HYPERTENSION) AND CHRONIC RESPIRATORY DISEASES (ASTHMA & COPD)

SUSTAINED RESULTS THROUGH Q4 2025

BREATHSAFE 360 (BS360)

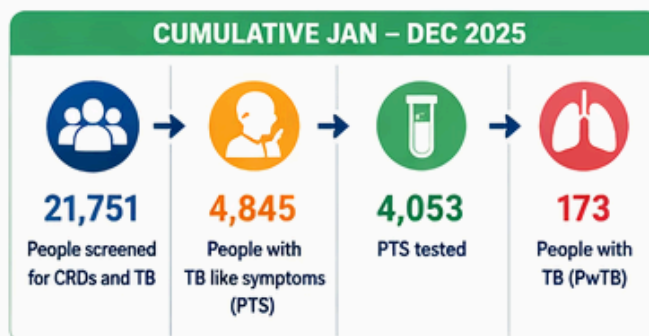
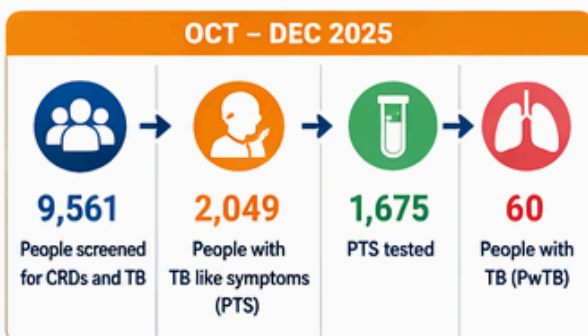
An Integrated Service Delivery (ISD) model reaching industrial workers exposed to silica dust across stone cutting, crushing, and polishing industries. Going beyond TB, the initiative enables early identification of tuberculosis and chronic respiratory diseases (CRDs), including asthma and COPD, through targeted screening and linkage to care.



RESULTS FROM ISD MODEL – BREATHSAFE 360 (BS360)

KEY PERFORMANCE INDICATOR	RESULTS: Q4 2025 (Oct–Dec 2025)	CUMULATIVE JAN – DEC 2025
 People with no TB symptoms performed spirometry test	7,316	16,164
 People found abnormal for spiro	2,142	5,042
 Medical Officer evaluation (Spiro abnormal + clinical symptoms)	3,547	5,804
 People with spiro results and clinical features of asthma linked to treatment	597	1,142
 People with spiro results and clinical features of COPD linked to treatment	163	366

ISD – TB AND CRDs SCREENING CASCADE



Early screening. Timely diagnosis. Appropriate treatment.

Integrated care for healthier lives.



INTEGRATED HEALTH CAMPS UNDER C-19 PROJECT

A high-impact outreach model delivering integrated, last-mile healthcare services to underserved rural, semi-urban, and urban slum communities in Faridabad and Hisar districts of Haryana. Implemented jointly by TB Alert India and the government health system, the camps provide one-stop screening and referral for tuberculosis (TB), diabetes, and hypertension. By enabling early detection, prompt linkage to care, and improved treatment adherence, the initiative reduces access barriers, lowers out-of-pocket costs, and strengthens continuum of care and community health outcomes.



This project activities concluded in Dec 2025.

The following are the cumulative results from Feb 2024 to Dec 2025.



KVP REACH FOR TB SERVICES : FEB 2024 – DEC 2025



KVP
X RAY DONE

80,374



AI
SUGGESTIVE
TB

13,515



AI
SUGGESTIVE
- OCA

6,866



AI
SUGGESTIVE
(TB + OCA)

20,381



NAAT
TESTED

19,401



PEOPLE FOUND
POSITIVE
FOR TB

482



PEOPLE WITH TB
INITIATED ON
TREATMENT

477

KVP REACH FOR DM AND HT SERVICES – FEB 2024 – DEC 2025

DIABETES (DM)



31,577

KVP screened in
health camps



8,490

KVP found
presumptive



1,822

KVP
confirmed

HYPERTENSION (HT)



38,352

KVP screened in
health camps



6,470

KVP found
presumptive



1,722

KVP
confirmed



TOGETHER, WE ARE BUILDING A HEALTHIER TOMORROW



Detecting
diseases early



Reducing
diagnostic delays



Strengthening
continuum of care



Expanding access
for vulnerable
populations

INNOVATIONS



Tech-Driven Innovation

Innovation during this quarter focused on improving efficiency, tracking, and community engagement.

The introduction of QR code-based referral systems in the Pediatric TB project significantly improved patient tracking and reduced delays in diagnosis. This digital linkage ensured better coordination between facilities and strengthened accountability.

Under BS360, the integration of AI-enabled chest X-ray technology with spirometry enabled early detection of both TB and chronic respiratory diseases, especially among high-risk industrial populations.



Strengthening Community Access Points

The establishment of Health Information Centres created accessible, community-based platforms for individuals to seek guidance, access reliable health information, and receive timely referrals. Supported by trained peer educators, these centres played a critical role in ensuring sustained engagement at the grassroots level, building trust, and improving health-seeking behaviour.



Community Engagement & Outreach Expansion

Efforts to deepen community engagement focused on leveraging peer educators and women's self-help groups to extend outreach. This approach not only increased awareness but also strengthened community-led health promotion, enabling more inclusive, locally driven, and sustainable interventions.

SPOTLIGHT

Frontline Workers: The First Line of Defense

Frontline healthcare workers remain at the heart of TB elimination efforts, serving as the critical link between communities and the health system. Their proximity to households, understanding of local contexts, and trusted relationships enable early identification of people with TB-like symptoms and timely referrals—often before conditions worsen.

Over the past quarter, continued investments in capacity building have strengthened their ability to detect and respond to TB more effectively. Trainings, supportive supervision, and access to tools have enhanced their confidence and decision-making, particularly in identifying people with TB-like symptoms and navigating referral pathways.

Kiran, an ASHA worker, exemplifies this transformation.

Earlier, like many frontline workers, she faced challenges in distinguishing TB symptoms from other common illnesses and hesitated in initiating referrals. However, through targeted training and regular engagement with the program team, she has developed the confidence and skills to actively screen individuals within her community.

Today, Kiran proactively engages with households during her routine visits—asking the right questions, identifying early warning signs such as persistent cough or weight loss, and guiding individuals to appropriate diagnostic services. She also plays a key role in counselling families, addressing stigma, and ensuring that people with TB (PwTB) adhere to treatment.

Her efforts have not only led to timely identification of people with TB-like symptoms but have also increased trust in public health services within her community.

Kiran's journey reflects a larger systemic shift: when frontline workers are empowered with knowledge, tools, and continuous support, they become catalysts for change—enabling communities to respond faster, seek care earlier, and ultimately improve health outcomes.

In strengthening frontline workers, we are strengthening the entire health system response.



THANK YOU FOR READING!

Together, we can raise awareness, support communities,
and move close to end NCD's, CRD's and TB.

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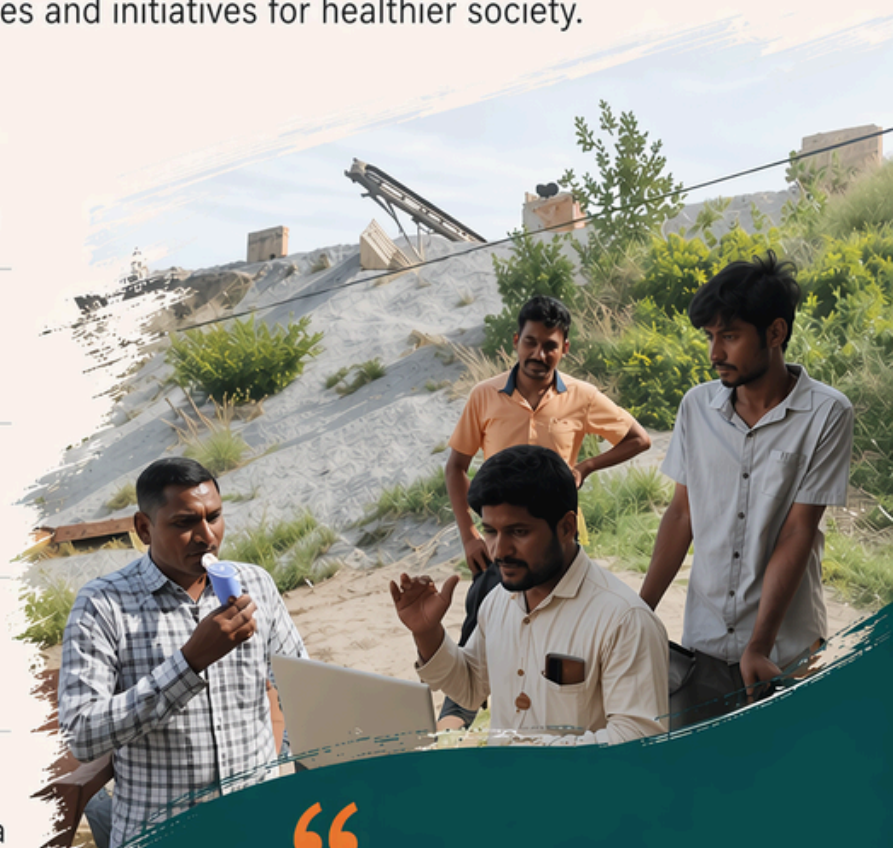
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“

**AWARE TODAY.
ACT TOGETHER TODAY.
HEALTHY SOCIETY TOMORROW.**

”



AWARENESS
Saves Lives



ACTION
Creates Impact



TOGETHER
We Build Healthier Society

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